

High Adventure Hiking and Backpacking For Older Girl Scouts and Leaders

Sunday, March 11, 2012

2:00 – 3:30 p.m. at Burke United Methodist Church



Come learn how to lead, plan and execute a high adventure hiking and/or backpacking event for your troop. Expert hiker Rush Williamson will discuss appropriate gear, clothing, shoes, backpacks, meal considerations, hygiene, weather conditions, event planning and mental and physical preparedness for high adventure hiking and backpacking. Cadettes can begin to earn the Trailblazer badge and Seniors the Adventurer badge.

Contact Sandy Latta at slatta@fourthwave.com or 703.495.0063 by February 24th to reserve your spot. Admission is free but space is limited. We also request a donation of one box of cookies for the Potomac Appalachian Trail Committee office in Vienna, VA.

Rush Williamson is a PATC Scout Liaison, a former Girl Scout leader, and long distance hiker. He is a member of National Capital Area Council High Adventure Committee and Potomac Appalachian Trail Committee Trail Patrol. He has conducted hiking, backpacking, and camping classes for the University of Scouting and the Appalachian Trail Conservancy and Appalachian Long Distance Hiking Association annual meetings. Plus, Williamson thru-hiked the Appalachian Trail!